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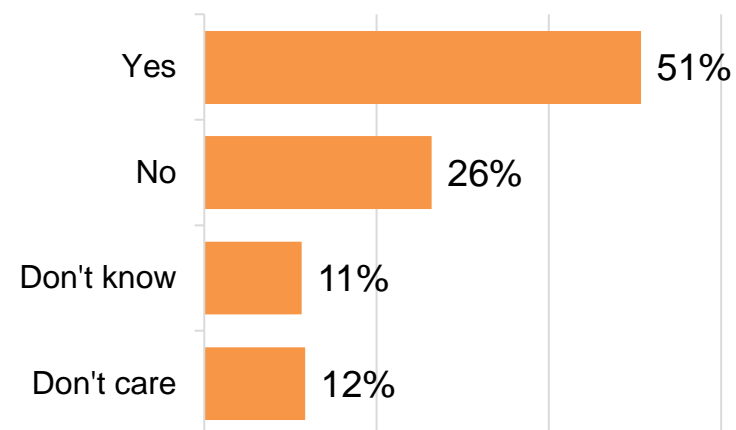
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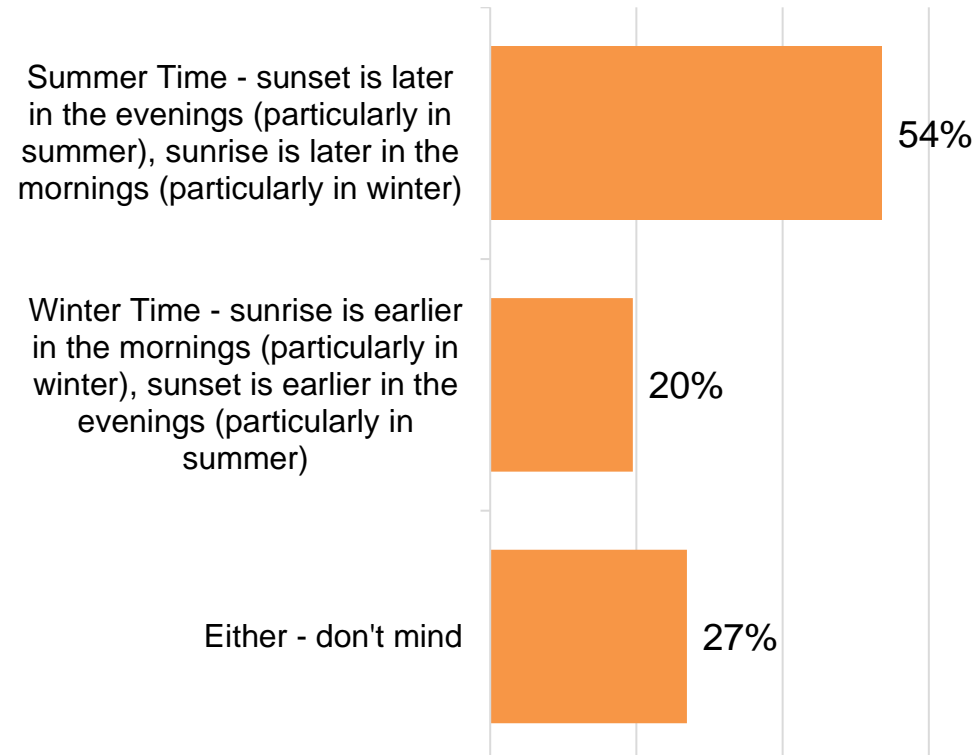


If I Could Turn Back Time

Q. Do you think we should stop putting the clocks back in Autumn and forward in Spring?



Q. If changing the clocks was abolished, which time would you prefer we stayed on?

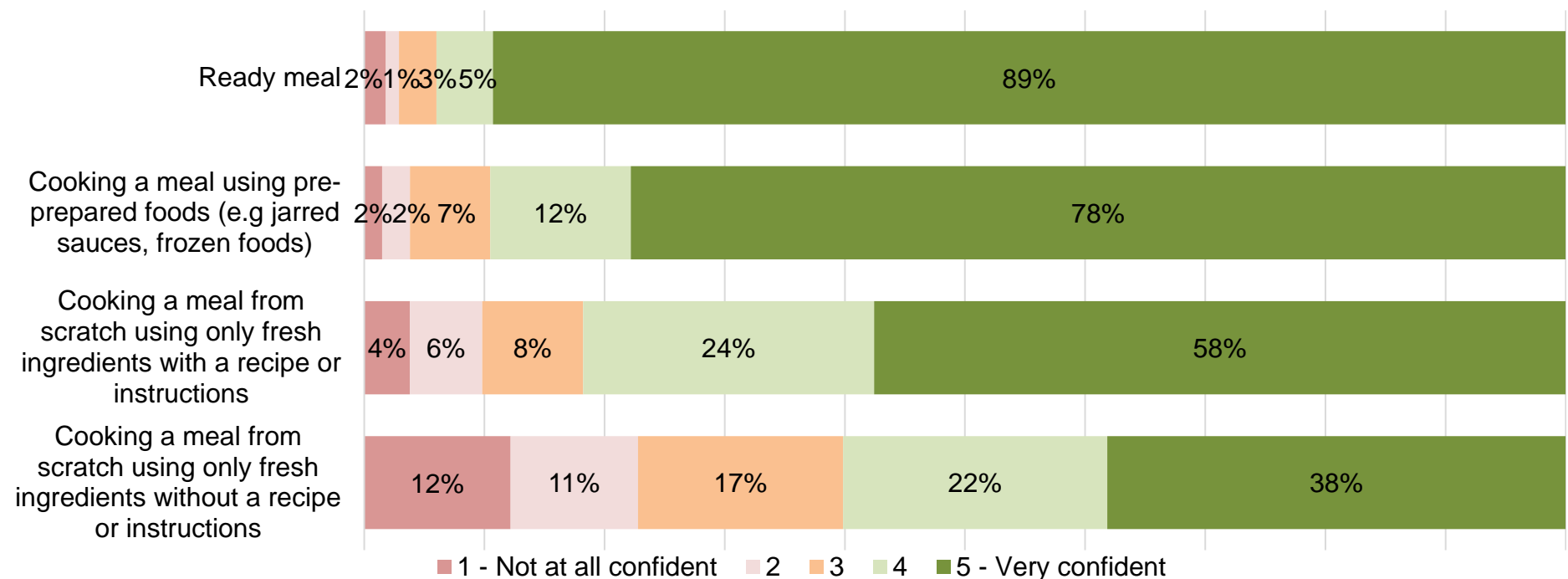


Hey, Good Lookin' (Whatchya Got Cookin')

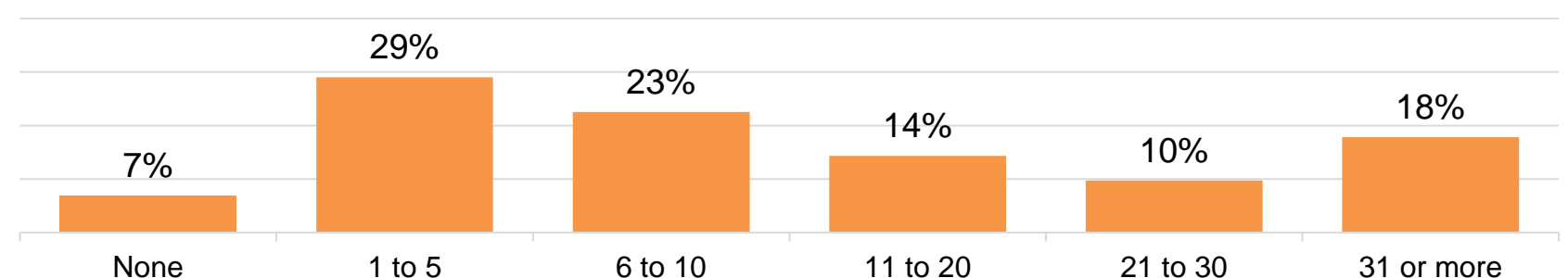
Q. How good or bad would you say you are at cooking?



Q. How confident would you be cooking the following?

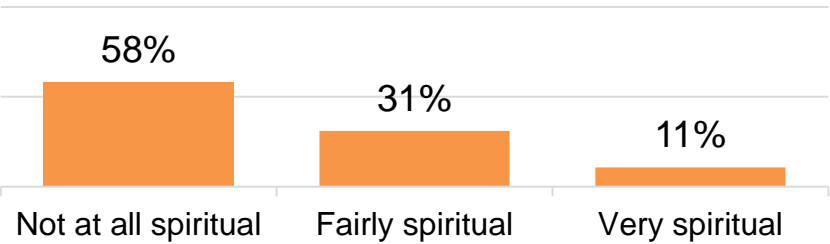


Q. Thinking about cooking meals from scratch using only fresh ingredients **without** a recipe or instructions, how many meals, if any do you think you could cook from scratch this way?

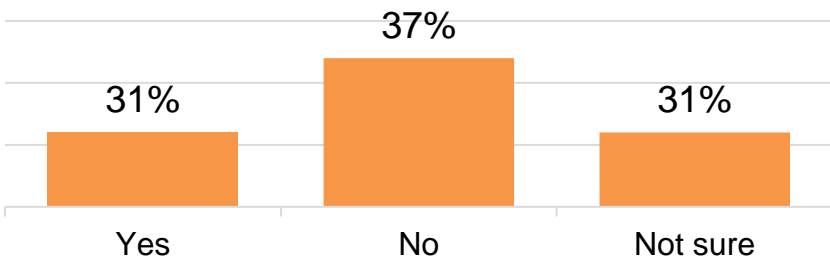


You Gotta Have Faith

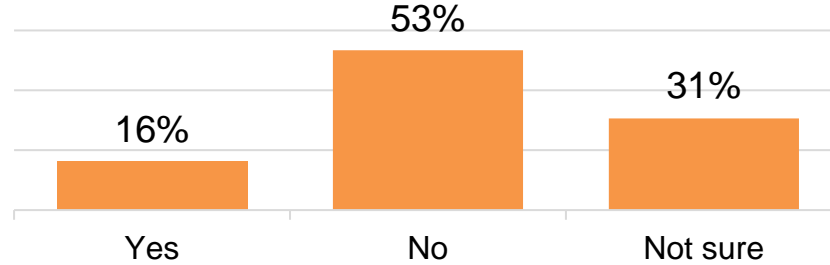
Q. How spiritual are you?



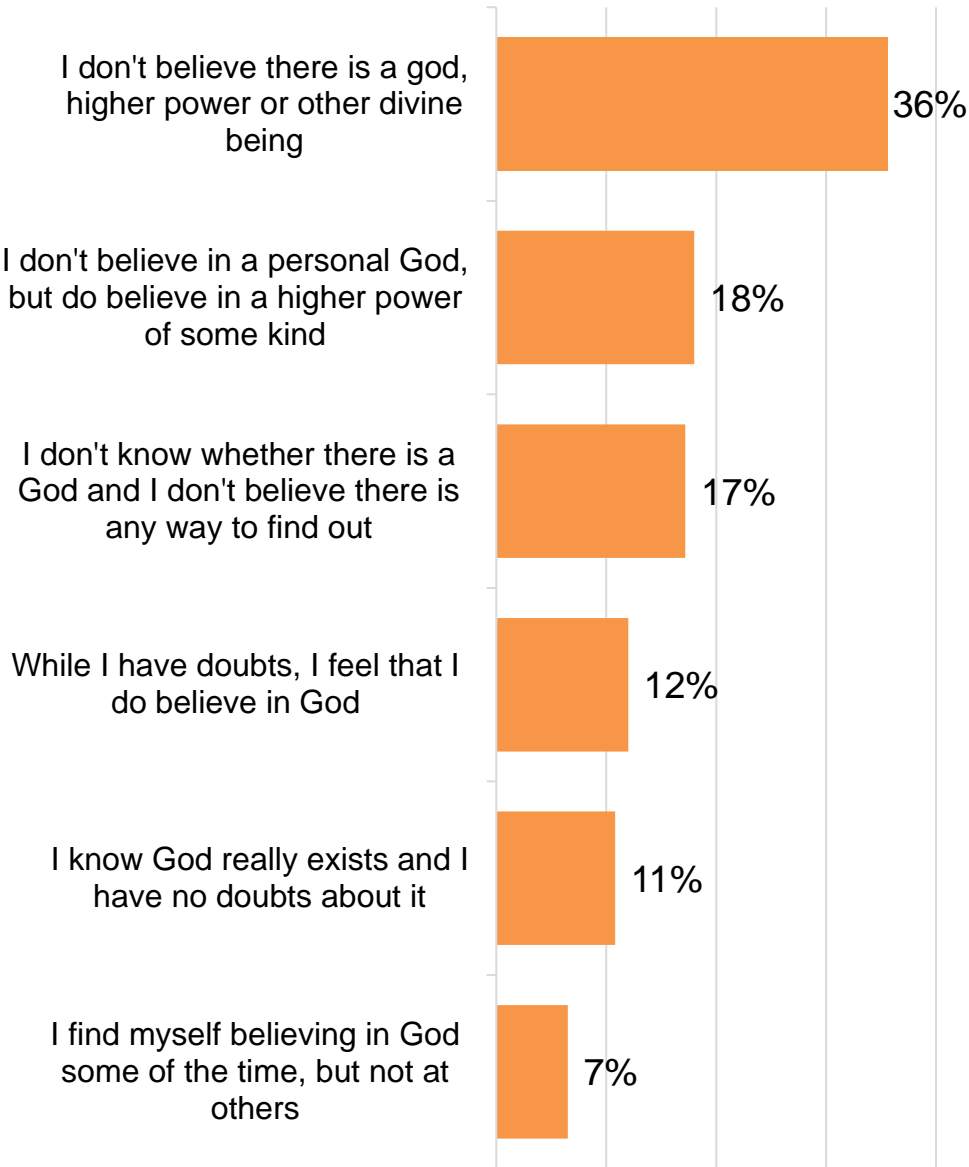
Q. Do you think there is life, or some sort of consciousness, after death?



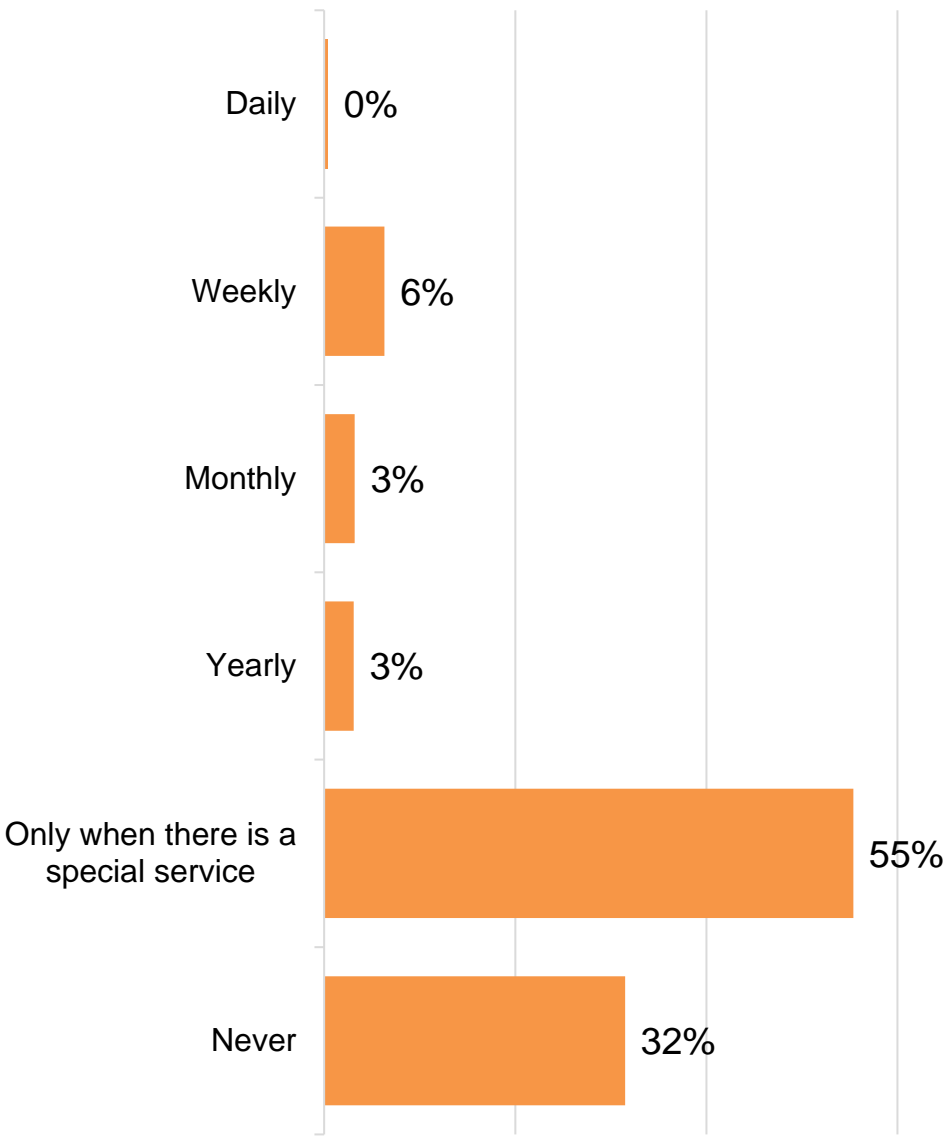
Q. Do you believe in reincarnation?



Q. Which of the following best describes your view?

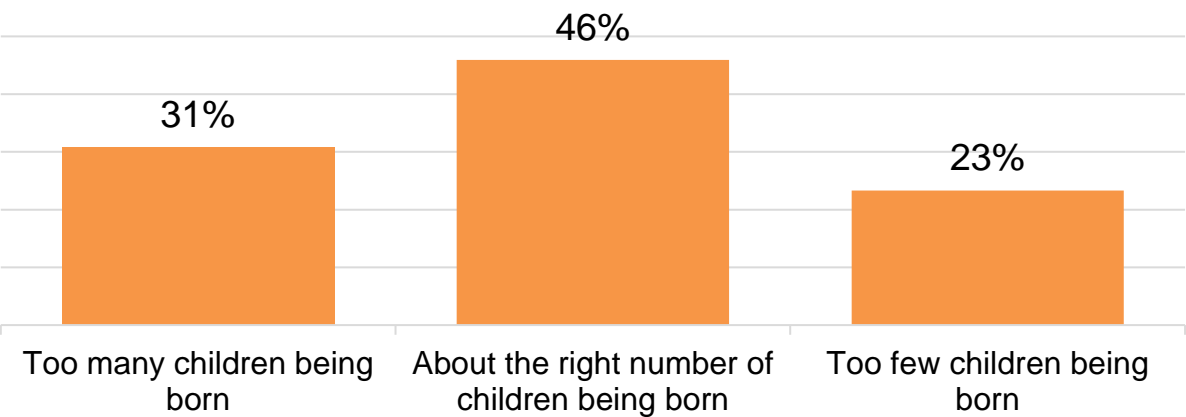


Q. How often do you, generally, attend a place of worship?

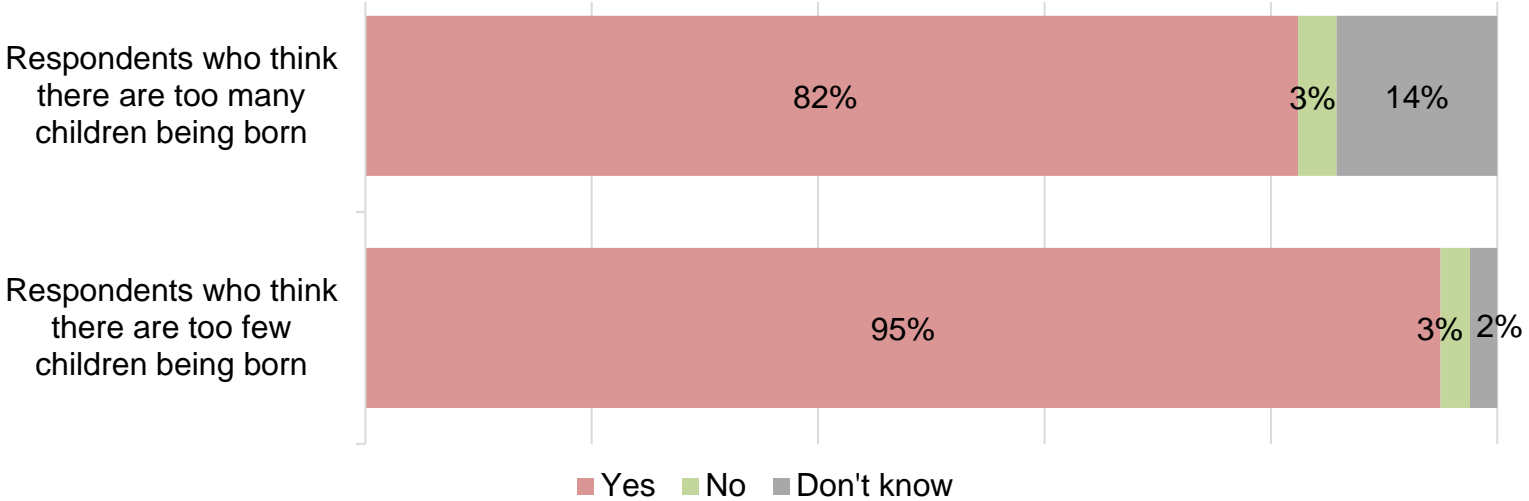


Sweet Child of Mine

Q. In the UK do you think there are....?

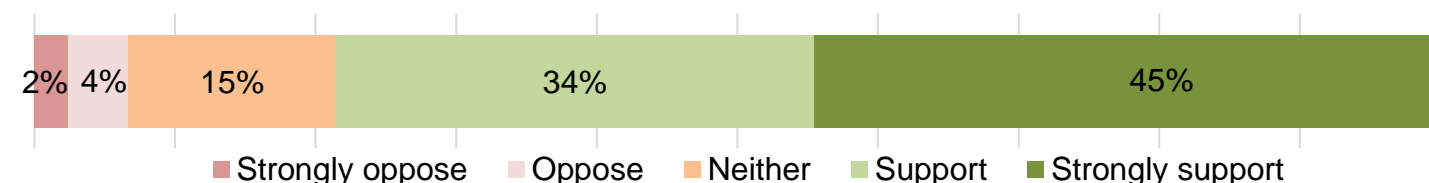


Q. Do you think this is a problem for the UK?

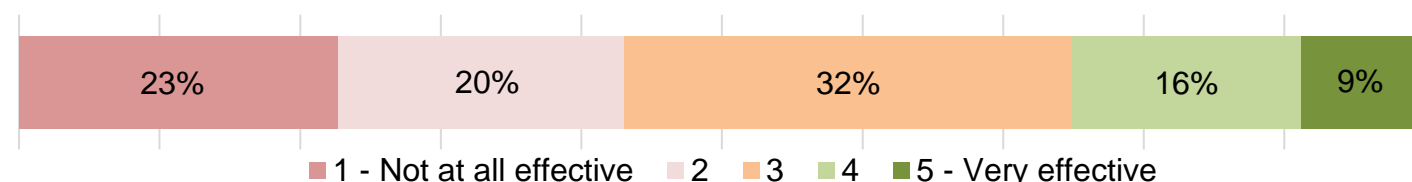


News of The World

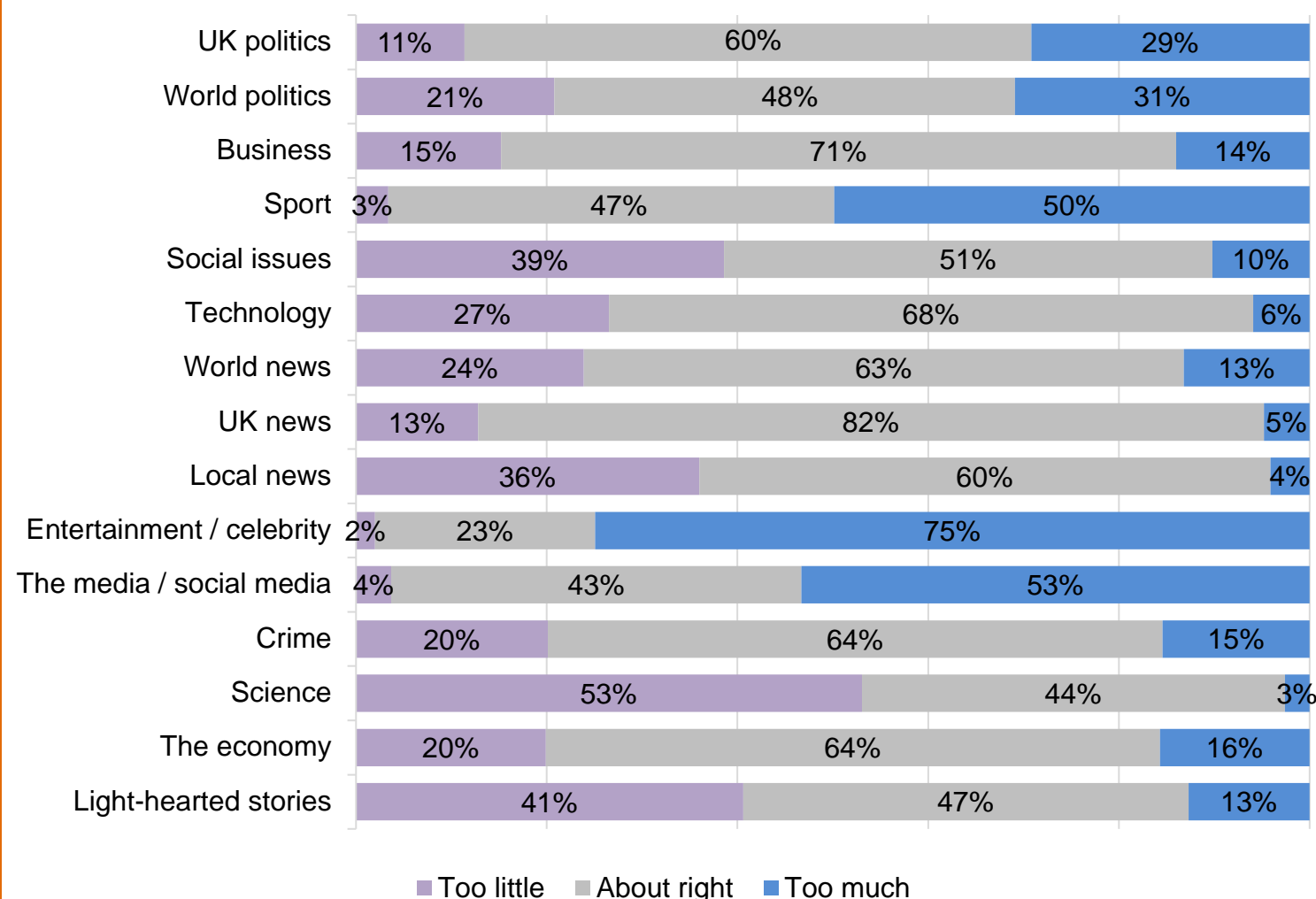
Q. Australia has become the first country to ban under 16s from having social media accounts. How much would you support or oppose banning children under the age of 16 from having social media accounts in the UK?



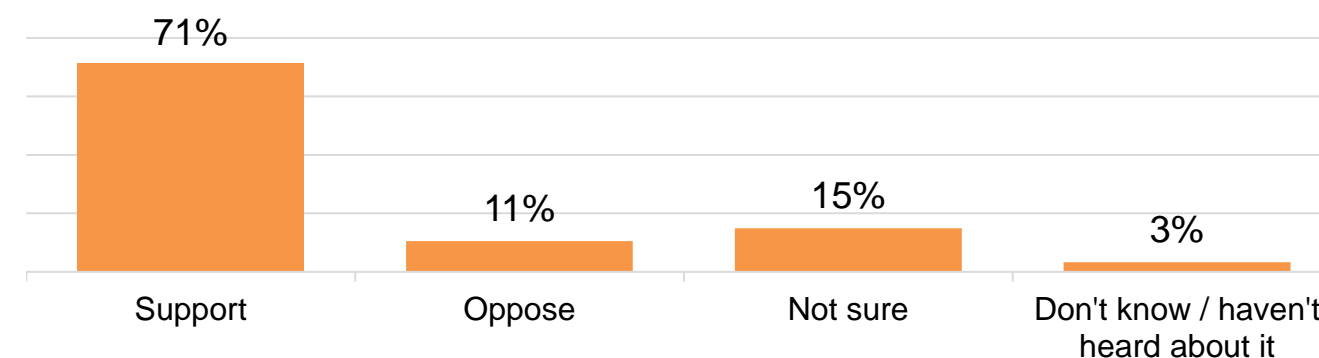
Q. How effective, if at all, do you think a ban on children under the age of 16 from having social media accounts would be at stopping children from creating and using social media accounts?



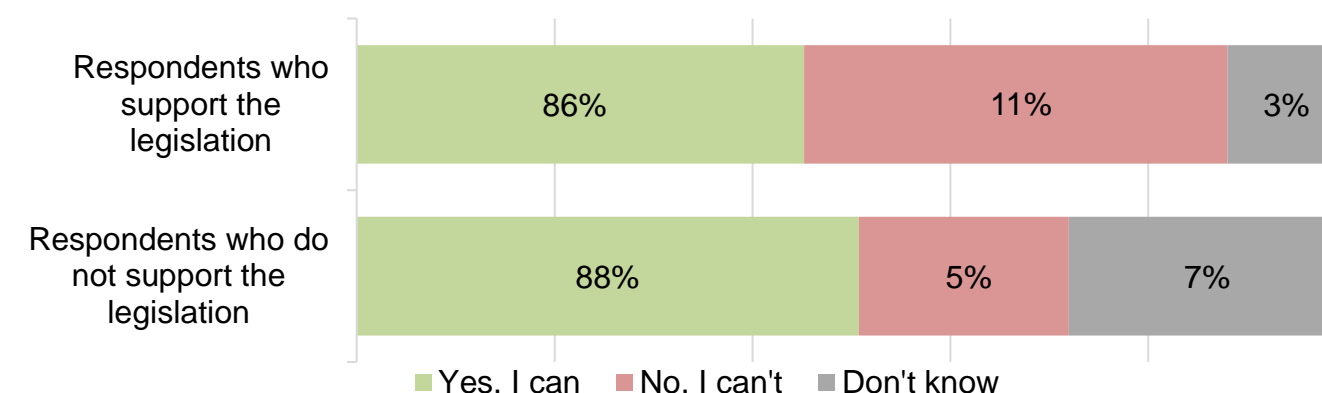
Q. Thinking about the media, do you think they cover the following topics too little, too much, or do they get it about right?



Q. Do you support the assisted dying legislation (Terminally Ill Adults (End of Life) Bill), recently passed by the UK Parliament?

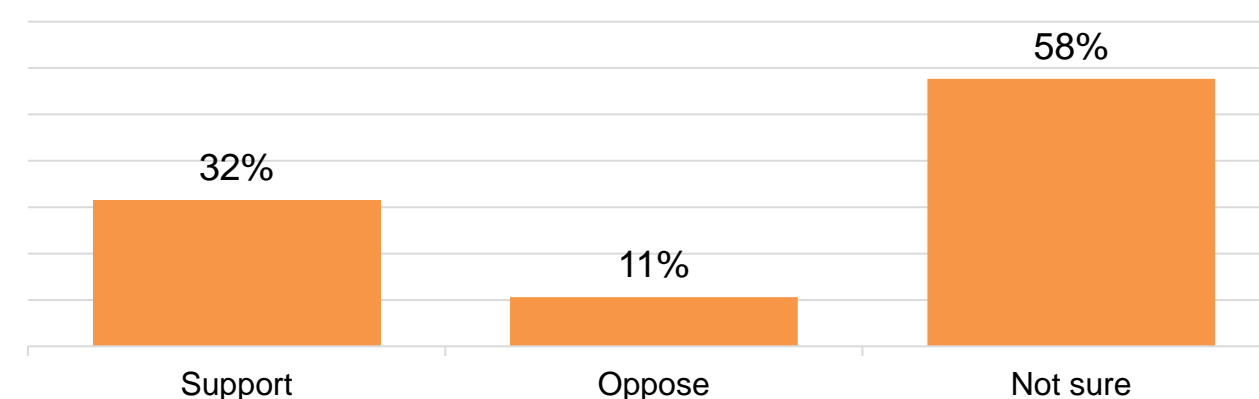


Q. Even if you don't agree with them, can you understand the attitudes of those who have the opposite view to you?



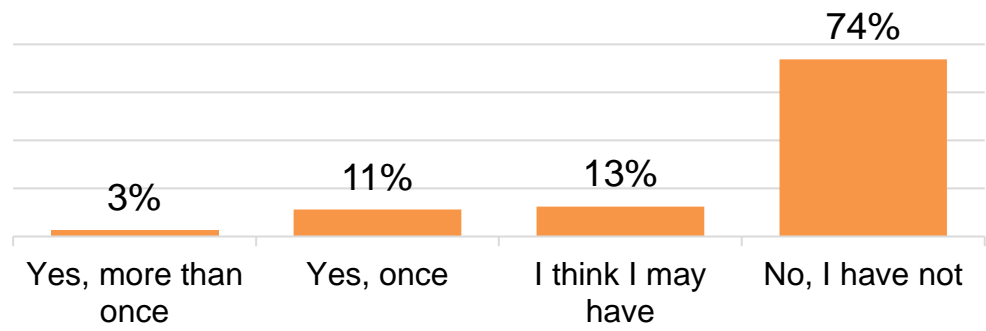
Respondents who said they were not sure if they supported the legislation, or that they don't know / haven't heard about the legislation, were provided with more information including the provisions of the bill. These group were then asked:

Q. Now you have read more detail about the proposed legislation, do you support or oppose it?

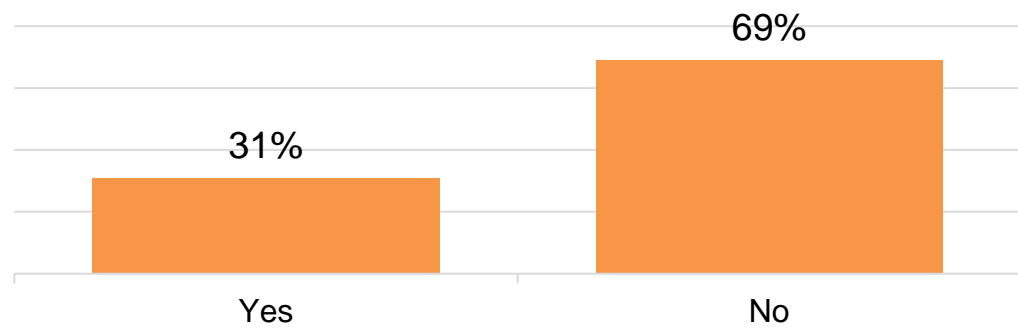


You Give Me Fever

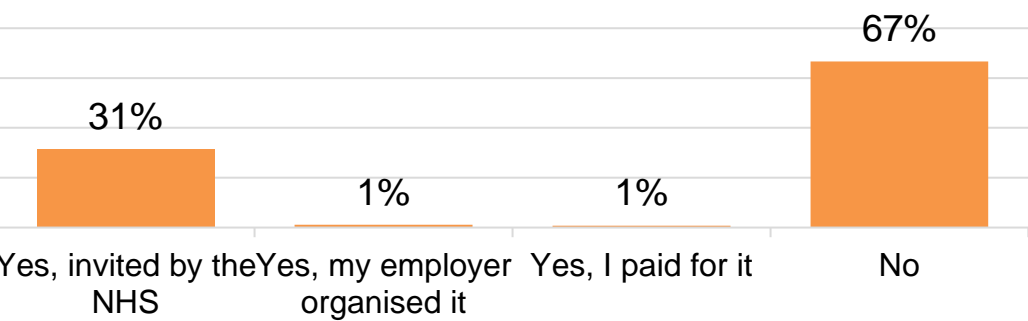
Q. Have you had COVID in the last year?



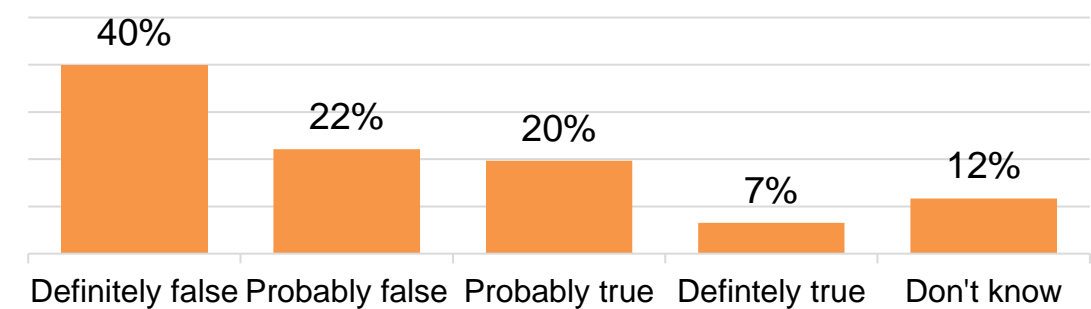
Q. Have you tested yourself for COVID in the last year?



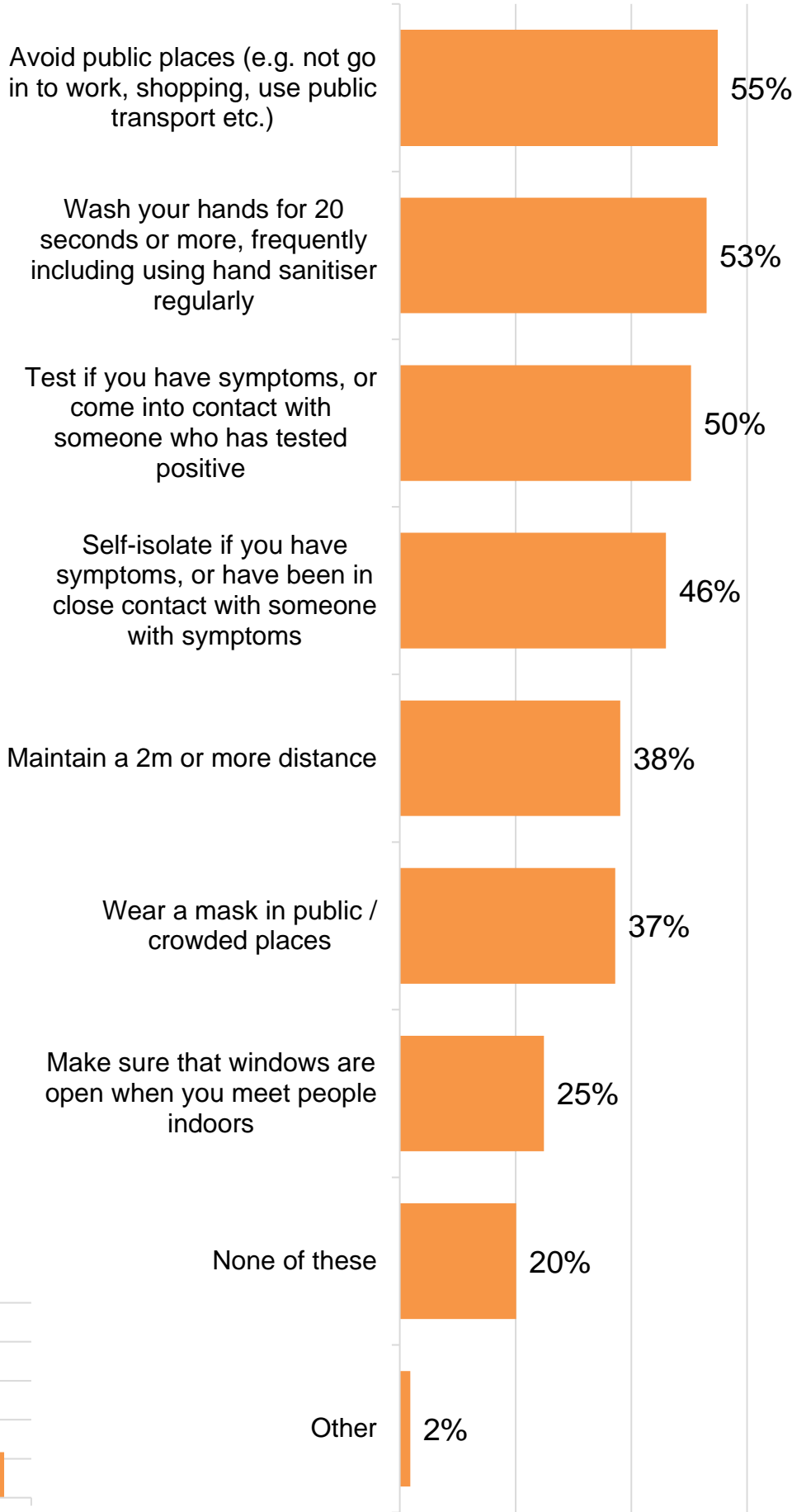
Q. Have you had a Covid vaccine this year?



Q. Do you think the following statement is true, or false?
"Vaccines have harmful effects which are not being disclosed to the public."



Q. If you had, or suspect you had COVID, or come into contact with someone who has, what actions, if any, would you take?



Don't Worry, Be Happy

Q. How are you feeling?

Change compared to December 2023 People's Panel



Happiness
Happy: 55% (+ 7pp) ▲
Unhappy: 22% (- 1pp)



Healthiness
Healthy: 46% (+ 7pp) ▲
Unhealthy: 25% (- 3pp)



Loneliness
Not lonely: 55% (- 5pp)
Lonely: 19% (+ 2pp)



Stress / Anxiety
Not stressed: 38% (+ 3pp)
Stressed: 35% (- 2pp)



Worthwhileness
Worthwhile: 52% (+ 4pp)
Not worthwhile: 17% (- 1pp)



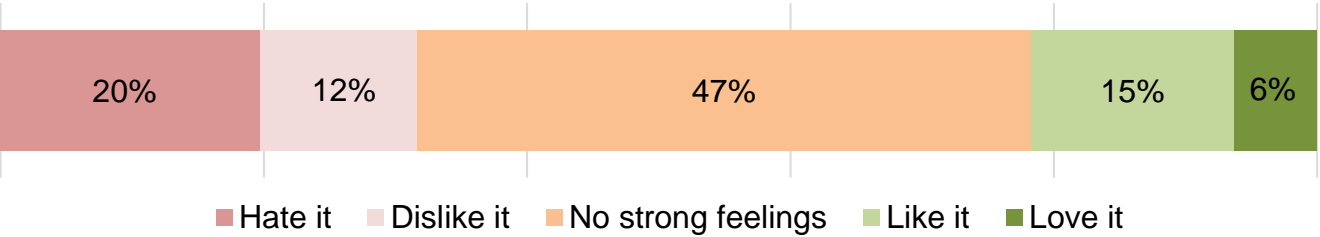
Optimism
Optimistic: 46% (+ 2pp)
Pessimistic: 23% (- 2pp)



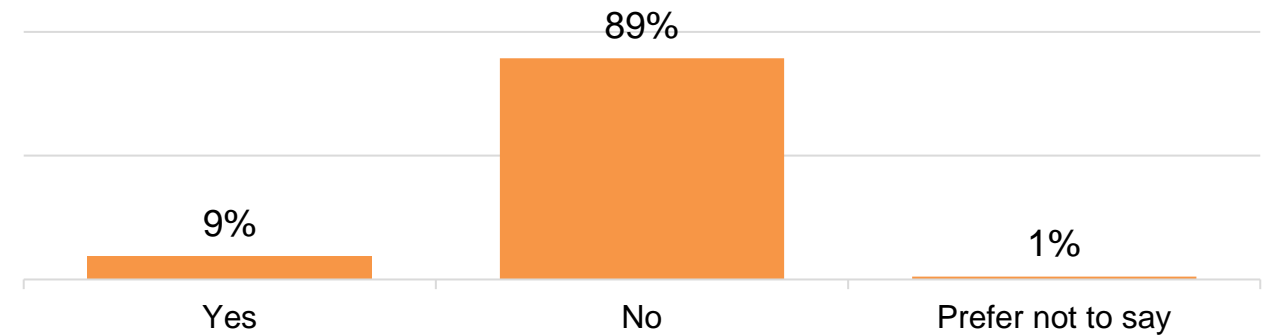
Hopefulness
Hopeful: 53% (+ 10pp) ▲
Not hopeful: 19% (- 1pp)

Bits and Pieces

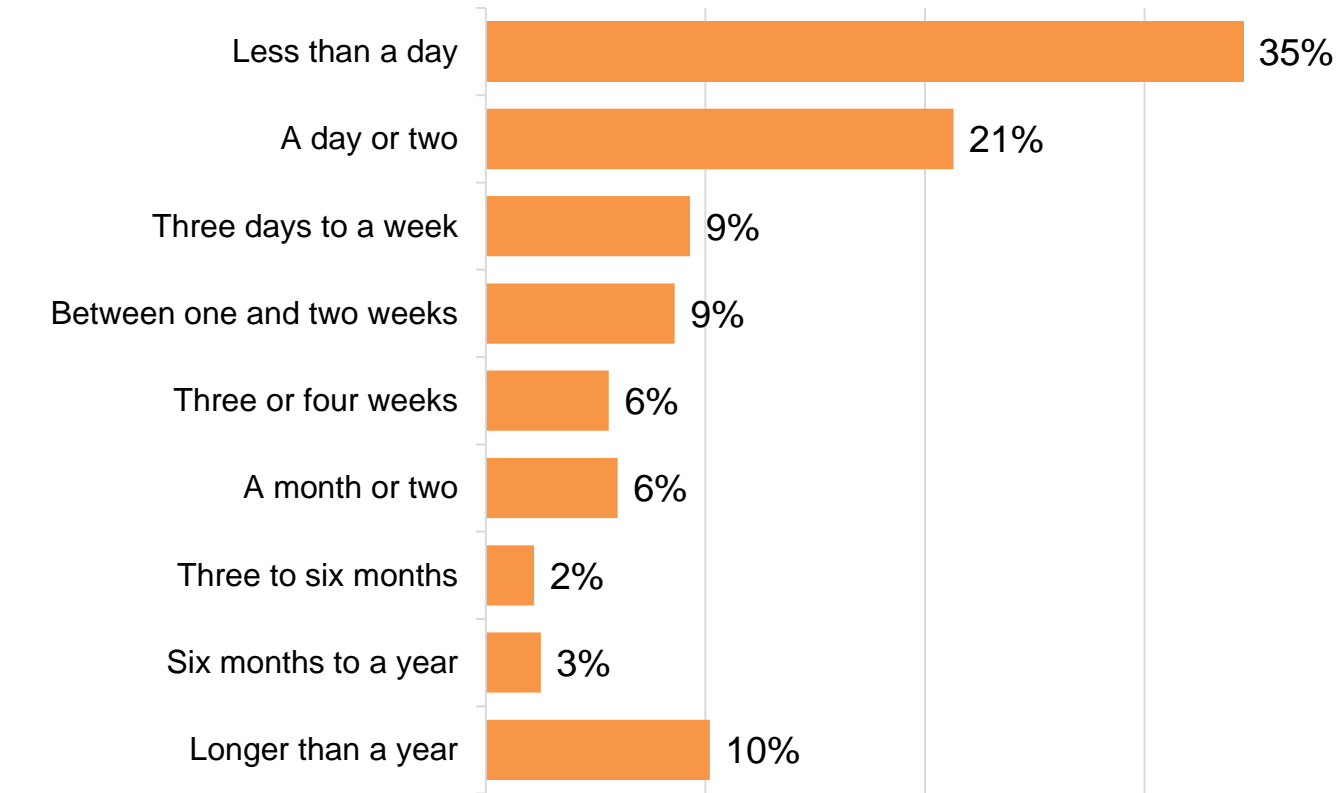
Q. How do you feel about the phrase: 'live, laugh, love'?



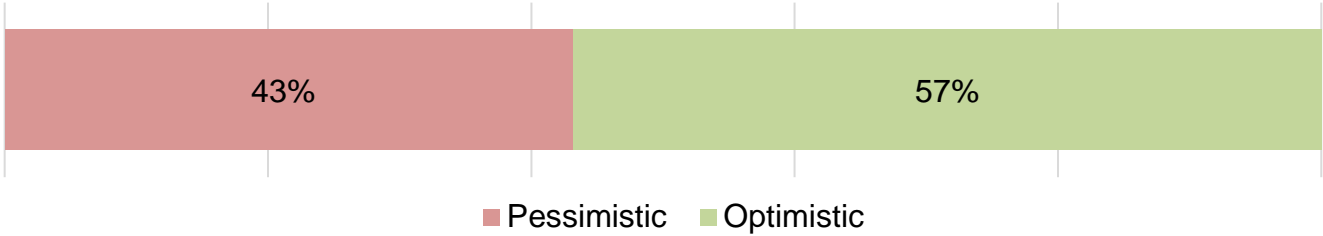
Q. Do you or have you ever, had this phrase anywhere in your house or on an item of clothing etc.?



Q. If you were, for example, trying to avoid arrest, how long do you think you could go on the run for, without being caught?

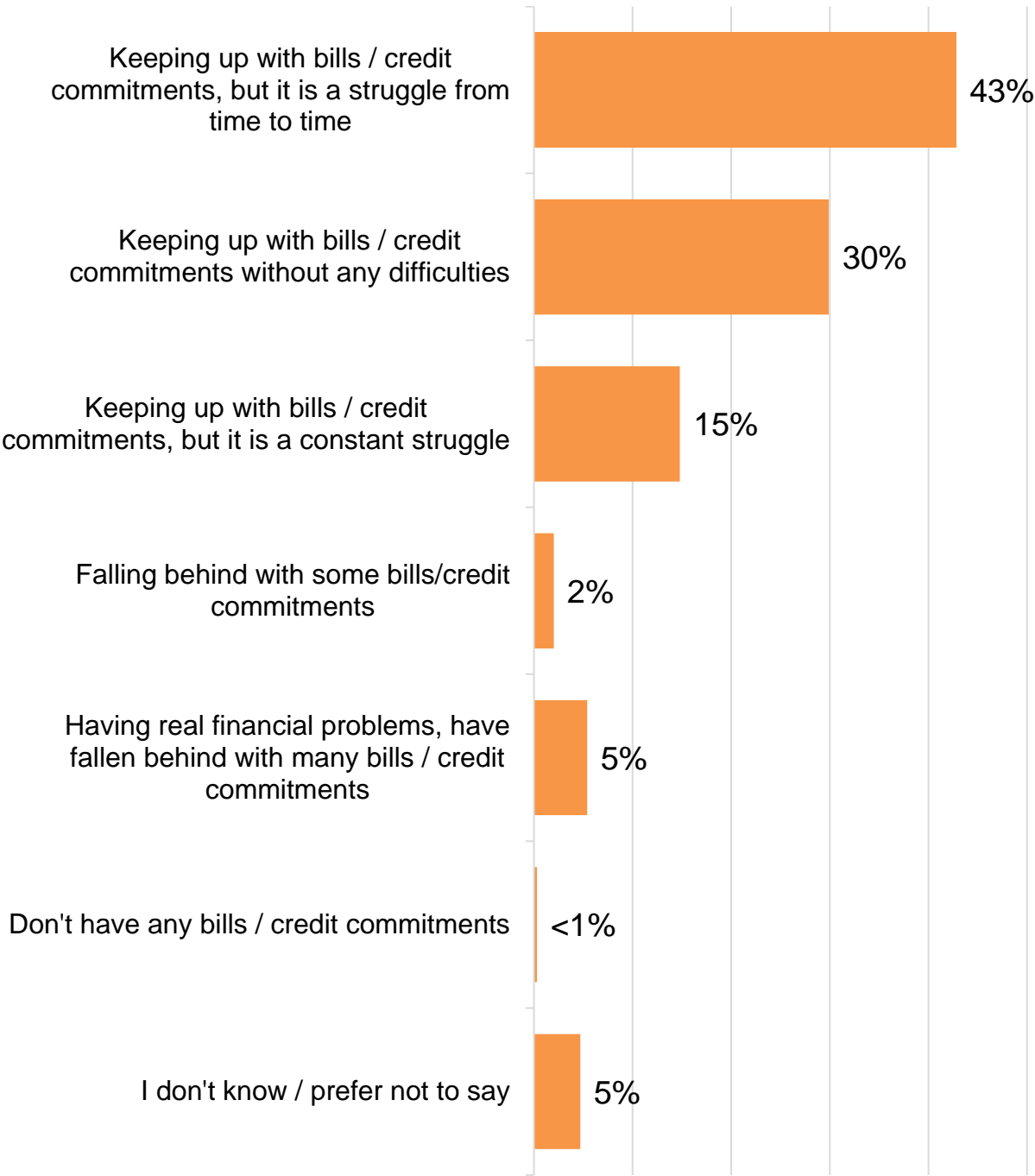


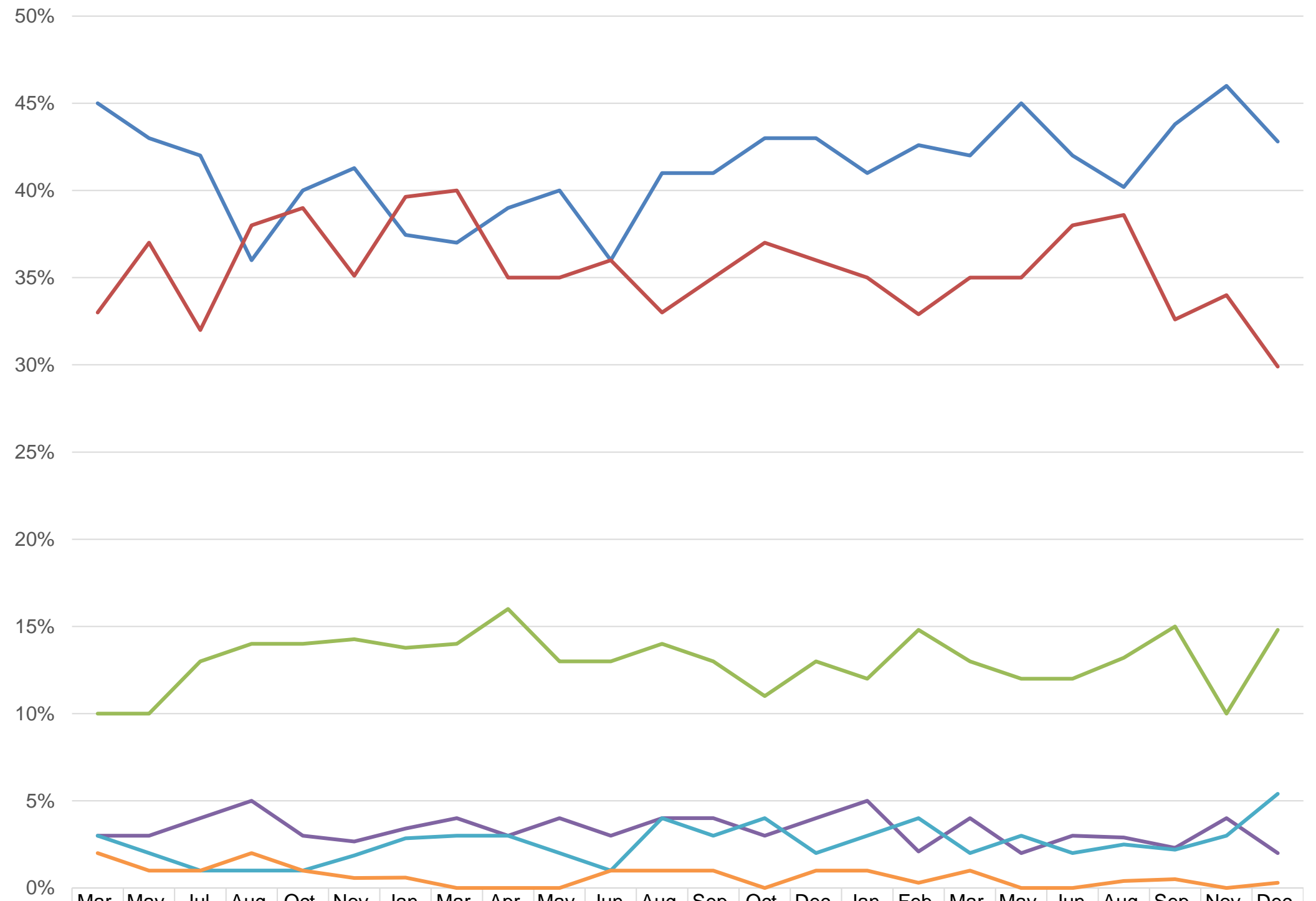
Q. Are you pessimistic or optimistic about 2025?



Money, Money, Money

Q. Which one of the following best describes your household?





	Mar-22	May-22	Jul-22	Aug-22	Oct-22	Nov-22	Jan-23	Mar-23	Apr-23	May-23	Jun-23	Aug-23	Sep-23	Oct-23	Dec-23	Jan-24	Feb-24	Mar-24	May-24	Jun-24	Aug-24	Sep-24	Nov-24	Dec-24
Keeping up with bills / credit commitments without any difficulties	45%	43%	42%	36%	40%	41%	37%	37%	39%	40%	36%	41%	41%	43%	43%	41%	43%	42%	45%	42%	40%	44%	46%	43%
Keeping up with bills / credit commitments, but it is a struggle from time to time	33%	37%	32%	38%	39%	35%	40%	40%	35%	35%	36%	33%	35%	37%	36%	35%	33%	35%	35%	38%	39%	33%	34%	30%
Keeping up with bills / credit commitments, but it is a constant struggle	10%	10%	13%	14%	14%	14%	14%	14%	16%	13%	13%	14%	13%	11%	13%	12%	15%	13%	12%	12%	13%	15%	10%	15%
Falling behind with some bills / credit commitments	3%	3%	4%	5%	3%	3%	3%	4%	3%	4%	3%	4%	4%	3%	4%	5%	2%	4%	2%	3%	3%	2%	4%	2%
Having real financial problems, have fallen behind with many bills / credit commitments	3%	2%	1%	1%	1%	2%	3%	3%	3%	2%	1%	4%	3%	4%	2%	3%	4%	2%	3%	2%	3%	2%	3%	5%
Don't have any bills / credit commitments	2%	1%	1%	2%	1%	1%	1%	0%	0%	0%	1%	1%	1%	0%	1%	1%	0%	1%	0%	0%	0%	1%	0%	0%